

ELLA NACHT

Staff and Client Support, The Anacortes Family Center



ELLA NACHT, MC
Anacortes, WA



**The Anacortes
Family Center**

Ella has been working with Anacortes Family Center staff and clients since 2018. She is a retired counselor and provides support to the center in a variety of ways.

Ella does in-service training for staff in areas such as Trauma Informed Care, Conflict Resolution, Bridges Out of Poverty, Grief and Loss, etc. She also teaches Life Skills classes for the Emergency Shelter and Transition Building clients including parenting, relationship skills, decision making, stress management, wants vs needs, ACES, resources, etc.

Ella also works with staff and clients individually as needed. Ella has a Masters in Counseling from Seattle University where she also taught for ten years.

She was in private practice for 25 years in Kirkland, WA. When she moved to Anacortes, WA, she decided to use her counseling and teaching skills by working at The Anacortes Family Center rather than open a private practice.

She feels very blessed to be working with such a gifted group of people who are dedicated to helping families become self-sufficient and find permanent housing.