

# CYNTHIA RIVERA

**Advisory Council**, National Women's Shelter Network, Inc.

**Infectious Diseases Specialist and Medical Director**, Midway Specialty Care Center Miami Beach

**Associate Program Director for the Internal Medicine Residency**, Mount Sinai Medical Center

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**Dr. CYNTHIA RIVERA,**  
**M.D., F.A.C.P.**  
Miami, FL



Cynthia I Rivera, M.D., F.A.C.P. (she/her/ella) is an Infectious Diseases specialist and Medical Director of Midway Specialty Care Center Miami Beach and the Associate Program Director for the Internal Medicine Residency at Mount Sinai Medical Center in Miami Beach, Florida. She is also the Program Director for the Infectious Diseases fellowship at Mount Sinai Medical Center.

Dr. Rivera is a graduate of University of Nebraska Medical Center. She then moved to Miami to complete an Internship and Residency in Internal Medicine at University of Miami/Jackson Memorial Hospital. After a year as Chief Medical Resident and another year specializing in medical education, she started her Infectious Diseases fellowship, also at University of Miami/Jackson Memorial Hospital.

Her interests include: medical education, treatment and prevention of HIV, maintenance of overall sexual health, wellness and burnout initiatives for medical trainees and treatment of patients with hepatitis C, both mono-infected and co-infected with HIV. Since 2021, she developed and continues to oversee the Well-Being and Cognition curriculum for medical residents and medical students rotating at Mount Sinai Medical Center.

Clinically she serves as the Medical Director for the Miami Beach office of Midway Specialty Care Center, an organization whose mission is to provide total patient care with dignity to persons living with infectious diseases, regardless of socioeconomic status.

From 2021-2022, she completed a yearlong fellowship in Contemplative Medicine at the New York Zen Center, along with 35 other clinicians in the inaugural class. Shortly after graduation, she joined the Board of Trustees of the Zen Center with a focus on expanding alumni offerings and contemplative medicine teaching nationwide.

In addition, she serves as the President of Mindo Futures, a 501c3 organization dedicated to health and educational initiatives in rural Ecuador and elsewhere.