KRISTINE SCHWARZ

Executive Director, New Beginnings Counseling Center



KRISTINE SCHWARZ, MA, MFT, LPCC Santa Barbara, CA



Kristine Schwarz is a seasoned executive and psychotherapist who brings extensive experience building organizations and managing multi-faceted projects in both the non-profit and for-profit sectors, and considerable experience as an educator and clinician.

Kristine is also a former entertainment industry executive with 13 years of experience developing film and television projects internationally. She received her MA from Antioch University Santa Barbara and has worked locally as a therapist at Domestic Violence Solutions, the COPE program at Cottage Hospital, Full Spectrum Recovery, Goleta Valley Union School District, and Working Alternatives. She maintains her psychotherapy private practice, Santa Barbara Psychotherapy.

Prior to joining New Beginnings, Kristine was Associate Director of Institutional Advancement at Antioch University Santa Barbara. She also served as Core Faculty and Clinical Director of Antioch's Master of Arts in Clinical Psychology Program where she founded the MFT Consortium of the Central Coast Region, and served as the Central Coast Chair of the MFT Leadership Collaborative and Chair of Antioch's Alumni Association Steering Committee.

Kristine began her career as a media buyer in Washington, D.C., working with clients such as the Wolf Trap Center for the Performing Arts, before moving to Los Angeles in 1987, when she joined the Walt Disney Studios.

She received her undergraduate degree in Marketing and Advertising from the S.I. Newhouse School of Public Communications at Syracuse University.