

THERESA LINDBERG

Managing Director of Child and Youth Services, CARF International



Theresa Lindberg is the Managing Director of Child and Youth Services at CARF International and has over 14 years of experience in the mental health and child welfare fields.

She is a Licensed Professional Counselor in the state of Arizona and has worked with children and families throughout her career.

Prior to joining CARF as a Resource Specialist in 2021, Theresa worked at a community mental health agency in Southern Arizona that focused on working with children and families.

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Tucson, AZ

